

# Program

# MIRCIM 2026

McMaster International  
Review Conference  
of Internal Medicine

11TH EDITION

ICE CONGRESS CENTRE  
MARIJ KONOPNICKIEJ 17  
KRAKÓW, MAŁOPOLSKA, POLAND


 Open in Google Maps

Current version  
always available at

 mircim.one

## Day 1

Thursday, May 7, 2026

Auditorium Hall (S1)		Theatre Hall (S2)	
All times in CEST (UTC+2)	<b>SESSION I</b> <b>Acute hospital medicine</b> 		All times in CEST (UTC+2)
	<i>Chairs: Roman Jaeschke (Canada)</i>		
17:30–17:45	<b>Level of troponin is elevated after surgery: What next?</b> Wojciech Szczeklik (Poland)		17:30–17:45
17:45–18:00	<b>My patient is agitated and confused: Please help</b> Bram Rochweg (Canada)		17:45–18:00
18:00–18:15	<b>How to support a patient with respiratory failure outside of intensive care unit</b> Simon Oczkowski (Canada)		18:00–18:15
18:15–18:30	<b>This is my patient: When should I call for help and whom to call?</b> Kimia Honarmand (Canada)		18:15–18:30
18:30–18:45	<b>Too much or too little fluid? How to find out?</b> Michael Czekajlo (USA)		18:30–18:45
18:45–19:10	<b>Dealing with sepsis: The most crucial points</b> Waleed Alhazzani (Saudi Arabia)		18:45–19:10
19:10–19:40	<b>Questions &amp; Answers</b> All speakers		19:10–19:40
19:40–20:00	<i>Refreshment break</i>		19:40–20:00
20:00–20:45	<b>Opening ceremony</b> Keynote lecture – <i>To be announced</i>		20:00–20:45

### Organizers



**PIEBM**  
Polish Institute for  
Evidence Based Medicine





Program version: 20 January 2026

1/6

## Day 2

Friday, May 8, 2026

Auditorium Hall (S1)		Theatre Hall (S2)	
All times in CEST (UTC+2)		All times in CEST (UTC+2)	
8:00–9:15		<b>Meet the professor: Open forum on critical care, shock, and organ failure</b> Waleed Alhazzani (Saudi Arabia) Michael Czekajło (USA) Kimia Honarmand (Canada) Roman Jaeschke (Canada) Simon Oczkowski (Canada) Bram Rochweg (Canada) Wojciech Szczeklik (Poland)	8:00–9:15
9:40–10:00	<b>SESSION II</b> <b>Endocrinology</b> <i>In collaboration with the Polish Society of Endocrinology</i> 	<b>SESSION III</b> <b>The Multimorbid Patient</b> <i>Under the auspices of the European Federation of Internal Medicine</i> 	9:40–10:00
10:00–10:20	<b>Hypothyroidism in pregnancy: When guidelines meet reality</b> Robin Peeters (The Netherlands)	<b>How to modify pharmacotherapy of primary arterial hypertension in multimorbid patients</b> Krzysztof Narkiewicz (Poland)	10:00–10:20
10:20–10:40	<b>Primary aldosteronism: Current management</b> Ally Prebtani (Canada)	<b>GLP1-RA and multimorbidity: Beyond expectations</b> Michał Holecki (Poland)	10:20–10:40
10:40–11:00	<b>Hypercortisolemia: Current management according to clinical practice guidelines</b> Aleksandra Gilis-Januszczyńska (Poland)	<b>Management of chronic pain in multimorbid patients</b> Marcin Chwistek (Poland)	10:40–11:00
11:00–11:25	<b>Questions &amp; Answers</b> All speakers	<b>Questions &amp; Answers</b> All speakers	11:00–11:25
11:25–11:40	Refreshment break		11:25–11:40



### Organizers



**PIEBM**  
Polish Institute for  
Evidence Based Medicine



Program version: 20 January 2026

Auditorium Hall (S1)		Theatre Hall (S2)	
<b>SESSION IV</b> <b>Annual Update in Cardiology</b> <i>In collaboration with the Polish Cardiac Society</i> 		<b>SESSION V</b> <b>Annual Update in Rheumatology</b> 	
<b>PART 1</b>		<b>PART 1</b>	
11:40–12:00	<b>Broken-heart syndrome: Current management</b> Thomas Lüscher (Switzerland)	<b>Key decision points in management of rheumatoid arthritis</b> Ernest Choy (UK)	11:40–12:00
12:00–12:20	<b>Management of pericarditis: Key messages from the ESC guidelines</b> Massimo Imazio (Italy)	<b>Key decision points in management of Sjögren disease</b> Elizabeth Price (UK)	12:00–12:20
12:20–12:40	<b>Management of myocarditis: Key messages from ESC guidelines</b> <i>To be announced</i>	<b>Artificial Intelligence in rheumatology: 2026 update</b> Thomas Hügle (Switzerland)	12:20–12:40
12:40–13:05	<b>Questions &amp; Answers</b> All speakers	<b>Questions &amp; Answers</b> All speakers	12:40–13:05
13:05–13:50	<b>LUNCH BREAK</b>		13:05–13:50
<b>PART 2</b>		<b>PART 2</b>	
13:50–14:10	<b>Mitral regurgitation: Management according to ESC practice guidelines</b> Margarita Brida (Croatia)	<b>Vasculitis: From suspicion to diagnosis</b> Mats Juneke (Canada)	13:50–14:10
14:10–14:30	<b>Aortic stenosis: Management according to ESC practice guidelines</b> Wojciech Wojakowski (Poland)	<b>Key decision points in management of the GCA PMR Takayasu LVV spectrum</b> Bhaskar Dasgupta (UK)	14:10–14:30
14:30–14:50	<b>How to select an antiarrhythmic drug or ablation for atrial fibrillation and for ventricular tachycardia</b> Paulus Kirchhof (Germany)	<b>Approach to interstitial lung disease in people with systemic autoimmune rheumatic diseases</b> Michal Tomcik (Czechia)	14:30–14:50
14:50–15:15	<b>Questions &amp; Answers</b> All speakers	<b>Questions &amp; Answers</b> All speakers	14:50–15:15
15:15–15:30	<i>Refreshment break</i>		15:15–15:30
<b>PART 3</b>		<b>PART 3</b>	
15:30–15:50	<b>Optimal use of lipid-lowering therapy in patients with atherosclerotic cardiovascular disease according to current practice guidelines</b> Richard Češka (Czech Republic)	<b>Key decision points in management of axial spondyloarthritis</b> Elena Nikiphorou (UK)	15:30–15:50

## Organizers



**PIEBM**  
Polish Institute for  
Evidence Based Medicine






Program version: 20 January 2026

Auditorium Hall (S1)		Theatre Hall (S2)	
15:50–16:10	<b>Coronary artery disease: Which diagnostic test to choose and when</b> Matthew Sibbald (Canada)	<b>Key decision points in management of psoriatic arthritis</b> William Tillett (UK)	15:50–16:10
16:10–16:30	<b>2025 international guidelines on resuscitation: The most important practical messages</b> Bernd W. Böttiger (Germany)	<b>Key decision points in management of osteoporosis</b> Alexandra Papaioannou (Canada)	16:10–16:30
16:30–16:55	<b>Questions &amp; Answers</b> All speakers	<b>Questions &amp; Answers</b> All speakers	16:30–16:55

## Day 3

Saturday, May 9, 2026

Auditorium Hall (S1)		Theatre Hall (S2)		Chamber Hall (S3)	
All times in CEST (UTC+2)	<div>SESSION VI</div> <div>Gastroenterology</div> <div></div>	<div>SESSION VII</div> <div>Infectious Diseases</div> <div></div>	<div>SESSION VIII</div> <div>Annual Update in Nephrology</div> <div>Under the auspices of Mayo Clinic</div> <div></div>		
	PART 1				
	9:30-9:50	<div>Gastroenterology update 2026: Key messages from the latest practice guidelines</div> <div>Paul Moayyedi (Canada)</div>	<div>Vaccinations for people with severe comorbidity: Current state of the art</div> <div>Mark Loeb (Canada)</div>	<div>Nephrology update 2026</div> <div>Jurgen Floge (Germany)</div>	
	9:50-10:10	<div>Celiac disease: Current management</div> <div>Maria Pinto-Sanchez (Canada)</div>	<div>HIV and AIDS in 2026: An update for non-specialists</div> <div>Miłosz Parczewski (Poland)</div>	<div>New drugs in chronic kidney disease</div> <div>Maria José Soler (Spain)</div>	
	10:10-10:30	<div>Screening for all cancers (with a focus on all GI cancer) with blood tests or total body scans: Is it worth it?</div> <div>David Weinberg (USA)</div>	<div>To be announced</div> <div>Nishma Singhal (Canada)</div>	<div>Artificial intelligence in nephrology</div> <div>Ziad Zoghby (USA)</div>	
	10:30-10:55	<div>Questions &amp; Answers</div> <div>All speakers</div>	<div>Questions &amp; Answers</div> <div>All speakers</div>	<div>Questions &amp; Answers</div> <div>All speakers</div>	
10:50-11:10	Refreshment break				




### Organizers



**PIEBM**  
Polish Institute for  
Evidence Based Medicine



Program version: 20 January 2026

Auditorium Hall (S1)		Theatre Hall (S2)		Chamber Hall (S3)
	<div>SESSION IX</div> <div>Pulmonology</div> <div></div>	<div>SESSION X</div> <div>Thrombosis &amp; Anticoagulation</div> <div></div>	<div>PART 2</div>	
11:10-11:30	To be announced	<div>When not to use DOACs</div> <div>Stephanie Carlin (Canada)</div>	<div>Hyperglycemia and kidney disease</div> <div>Aleksandra Kukla (USA)</div>	
11:30-11:50	To be announced	<div>Prevention, diagnosis, and treatment of venous thromboembolism in pregnancy</div> <div>To be announced</div>	<div>Bleeding complications and thrombosis events in kidney disease</div> <div>Hatem Amer (USA)</div>	
11:50-12:10	To be announced	<div>Factor XI inhibitors: The future of anticoagulation?</div> <div>Jeffrey Weitz (Canada)</div>	<div>Nephrotoxicity of new anti-cancer agents</div> <div>Sandra Herrmann (USA)</div>	
12:10-12:35	<div>Questions &amp; Answers</div> <div>All speakers</div>	<div>Questions &amp; Answers</div> <div>All speakers</div>	<div>Questions &amp; Answers</div> <div>All speakers</div>	
12:35-13:35	<div>LUNCH BREAK</div>			
	<div>SESSION XI</div> <div>Annual Update in Diabetology</div> <div>Under the auspices of the <i>European Association for the Study of Diabetes</i> and the <i>International Diabetes Federation Europe</i></div> <div></div>			
	<div>PART 1</div>			<div>PART 3</div>
13:35-13:55	<div>A Type 1 diabetes management consensus report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD): What can we expect from the 2026 update?</div> <div>Tomasz Klupa (Poland)</div>			<div>New paradigms in the treatment of renovascular disease</div> <div>Lilach Lerman (USA)</div>
13:55-14:15	<div>Is there still a place for insulin therapy in type 2 diabetes in 2026?</div> <div>Maciej Matecki (Poland)</div>			<div>Blood pressure goals and treatment in pregnancy</div> <div>Andrea G. Kattah (USA)</div>
14:15-14:35	<div>Diabetic patient admitted to hospital for non-diabetic reason</div> <div>Ally Prebtani (Canada)</div>			<div>Preeclampsia: What internist should know</div> <div>Vesna D. Garovic (USA)</div>

## Organizers



**PIEBM**  
Polish Institute for  
Evidence Based Medicine



Program version: 20 January 2026

Auditorium Hall (S1)		Theatre Hall (S2)	Chamber Hall (S3)
14:35-15:00	<b>Questions &amp; Answers</b> All speakers		<b>Questions &amp; Answers</b> All speakers
15:00-15:15	<i>Refreshment break</i>		
<b>PART 2</b>			<b>PART 4</b>
15:15-15:35	<b>Prediabetes: really just “Pre”? Pharmacological treatment options based on the patient's phenotype and clinical profile</b> Leszek Czapryniak (Poland)		<b>Lupus nephritis: Redefining treatment goals</b> Fernando Fervenza (USA)
15:35-15:55	<b>Diabetes treatment in older age groups: Is there consistency between guidelines and common sense?</b> Tali Cukierman-Yaffe (Israel)		<b>Monoclonal gammopathy and kidney</b> Ladan Zand (USA)
15:55-16:15	<b>What are the evidence-based recommendations for the dietary management of diabetes?</b> Dario Rahelić (Croatia)		<b>When to think about genetic testing in kidney disease</b> Mireille El Ters (USA)
16:15-16:35	<b>In the era of drugs that effectively reduce body weight and normalize glycemia, is there still a place for bariatric surgery?</b> Johanna Brix (Austria)		<b>Open panel discussion</b>
16:35-17:00	<b>Questions &amp; Answers</b> All speakers		