

Program

MIRCIM 2026

McMaster International
Review Conference
of Internal Medicine

11TH EDITION

ICE CONGRESS CENTRE
MARIII KONOPNICKIEJ 17
KRAKÓW, MAŁOPOLSKA, POLAND

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Day 1

Thursday, May 7, 2026

Auditorium Hall (S1)		Theatre Hall (S2)	
All times in CEST (UTC+2)	SESSION I Acute hospital medicine Chairs: Roman Jaeschke (Canada)		All times in CEST (UTC+2)
17:30–17:45	Level of troponin is elevated after surgery: What next? Wojciech Szczeklik (Poland)		17:30–17:45
17:45–18:00	My patient is agitated and confused: Please help Bram Rochweg (Canada)		17:45–18:00
18:00–18:15	How to support a patient with respiratory failure outside of intensive care unit Simon Oczkowski (Canada)		18:00–18:15
18:15–18:30	This is my patient: When should I call for help and whom to call? Kimia Honarmand (Canada)		18:15–18:30
18:30–18:45	Too much or too little fluid? How to find out? Michael Czekajlo (USA)		18:30–18:45
18:45–19:10	Dealing with sepsis: The most crucial points Waleed Alhazzani (Saudi Arabia)		18:45–19:10
19:10–19:40	Questions & Answers All speakers		19:10–19:40
19:40–20:00	<i>Refreshment break</i>		19:40–20:00
20:00–20:45	Opening ceremony Keynote lecture – <i>To be announced</i>		20:00–20:45

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1/5

Day 2

Friday, May 8, 2026

Auditorium Hall (S1)		Theatre Hall (S2)	
All times in CEST (UTC+2)		All times in CEST (UTC+2)	
8:00–9:15		Meet the professor: Open forum on critical care, shock, and organ failure Waleed Alhazzani (Saudi Arabia), Michael Czekajlo (USA), Kimia Honarmand (Canada), Roman Jaeschke (Canada), Simon Oczkowski (Canada), Bram Rochweg (Canada), Wojciech Szczeklik (Poland)	8:00–9:15
SESSION II Endocrinology In collaboration with the Polish Society of Endocrinology		SESSION III The Multimorbid Patient Under the auspices of the European Federation of Internal Medicine	
10:00–10:20	Hypothyroidism in pregnancy: When guidelines meet reality Robin Peeters (The Netherlands)	How to modify pharmacotherapy of primary arterial hypertension in multimorbid patients Krzysztof Narkiewicz (Poland)	10:00–10:20
10:20–10:40	Primary aldosteronism: Current management Ally Prebtani (Canada)	GLP1-RA and multimorbidity: Beyond expectations Michał Holecki (Poland)	10:20–10:40
10:40–11:00	Hypercortisolemia: Current management according to clinical practice guidelines Aleksandra Gilis-Januszewska (Poland)	Management of chronic pain in multimorbid patients Marcin Chwistek (USA)	10:40–11:00
11:00–11:25	Questions & Answers All speakers	Questions & Answers All speakers	11:00–11:25
11:25–11:40	<i>Refreshment break</i>		11:25–11:40
SESSION IV Annual Update in Cardiology In collaboration with the Polish Cardiac Society		SESSION V Annual Update in Rheumatology	
PART 1		PART 1	
11:40–12:00	Broken-heart syndrome: Current management Thomas Lüscher (Switzerland)	Key decision points in management of rheumatoid arthritis Ernest Choy (UK)	11:40–12:00
12:00–12:20	Management of pericarditis: Key messages from the ESC guidelines Massimo Imazio (Italy)	Key decision points in management of Sjögren disease Elizabeth Price (UK)	12:00–12:20
12:20–12:40	Management of myocarditis: Key messages from ESC guidelines To be announced	Artificial Intelligence in rheumatology: 2026 update Thomas Hügle (Switzerland)	12:20–12:40
12:40–13:05	Questions & Answers All speakers	Questions & Answers All speakers	12:40–13:05

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Auditorium Hall (S1)		Theatre Hall (S2)			
13:05–13:50		LUNCH BREAK		13:05–13:50	
PART 2		PART 2			
13:50–14:10	Mitral regurgitation: Management according to ESC practice guidelines Margarita Brida (Croatia)	13:50–14:10	Vasculitis: From suspicion to diagnosis Mats Junek (Canada)	13:50–14:10	
14:10–14:30	Aortic stenosis: Management according to ESC practice guidelines Wojciech Wojakowski (Poland)	14:10–14:30	Key decision points in management of the GCA PMR Takayasu LVV spectrum Bhaskar Dasgupta (UK)	14:10–14:30	
14:30–14:50	How to select an antiarrhythmic drug or ablation for atrial fibrillation and for ventricular tachycardia Paulus Kirchhof (Germany)	14:30–14:50	Approach to interstitial lung disease in people with systemic autoimmune rheumatic diseases Michal Tomcik (Czechia)	14:30–14:50	
14:50–15:15	Questions & Answers All speakers	14:50–15:15	Questions & Answers All speakers	14:50–15:15	
15:15–15:30		<i>Refreshment break</i>		15:15–15:30	
PART 3		PART 3			
15:30–15:50	Optimal use of lipid-lowering therapy in patients with atherosclerotic cardiovascular disease according to current practice guidelines Richard Češka (Czech Republic)	15:30–15:50	Key decision points in management of axial spondyloarthritis Elena Nikiphorou (UK)	15:30–15:50	
15:50–16:10	Coronary artery disease: Which diagnostic test to choose and when Matthew Sibbald (Canada)	15:50–16:10	Key decision points in management of psoriatic arthritis William Tillett (UK)	15:50–16:10	
16:10–16:30	2025 international guidelines on resuscitation: The most important practical messages Bernd W. Böttiger (Germany)	16:10–16:30	Key decision points in management of osteoporosis Alexandra Papaioannou (Canada)	16:10–16:30	
16:30–16:55	Questions & Answers All speakers	16:30–16:55	Questions & Answers All speakers	16:30–16:55	

Day 3

Saturday, May 9, 2026

Auditorium Hall (S1)		Theatre Hall (S2)		Chamber Hall (S3)	
All times in CEST (UTC+2) SESSION VI Gastroenterology 		SESSION VII Infectious Diseases 		SESSION VIII Annual Update in Nephrology Under the auspices of Mayo Clinic 	

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Auditorium Hall (S1)		Theatre Hall (S2)		Chamber Hall (S3)	
PART 1					
9:30-9:50	Gastroenterology update 2026: Key messages from the latest practice guidelines Paul Moayyedi (Canada)	Vaccinations for people with severe comorbidity: Current state of the art Mark Loeb (Canada)	Nephrology update 2026 Jurgen Flöge (Germany)		
9:50-10:10	Celiac disease: Current management Maria Pinto-Sanchez (Canada)	HIV and AIDS in 2026: An update for non-specialists Miłosz Parczewski (Poland)	New drugs in chronic kidney disease Maria José Soler (Spain)		
10:10-10:30	Screening for all cancers (with a focus on all GI cancer) with blood tests or total body scans: Is it worth it? David Weinberg (USA)	Applying antibiotic stewardship in patient care Nishma Singhal (Canada)	Artificial intelligence in nephrology Ziad Zoghby (USA)		
10:30-10:55	Questions & Answers All speakers	Questions & Answers All speakers	Questions & Answers All speakers		
<i>Refreshment break</i>					
SESSION IX Pulmonology 		SESSION X Thrombosis & Anticoagulation 		PART 2	
11:10-11:30	Current management of chronic obstructive pulmonary disease: 2026 update Jadwiga Wedzicha (UK)	When not to use DOACs Stephanie Carlin (Canada)	Hyperglycemia and kidney disease Aleksandra Kukla (USA)		
11:30-11:50	Asthma diagnosis: A complex pathway to clarity Imran Satia (Canada)	Prevention, diagnosis, and treatment of venous thromboembolism in pregnancy To be announced	Bleeding complications and thrombosis events in kidney disease Hatem Amer (USA)		
11:50-12:10	<i>To be announced</i>	Factor XI inhibitors: The future of anticoagulation? Jeffrey Weitz (Canada)	Nephrotoxicity of new anti-cancer agents Sandra Herrmann (USA)		
12:10-12:35	Questions & Answers All speakers	Questions & Answers All speakers	Questions & Answers All speakers		
LUNCH BREAK					
SESSION XI Annual Update in Diabetology  <p>Under the auspices of the European Association for the Study of Diabetes and the International Diabetes Federation Europe</p>		PART 3			
PART 1			PART 3		

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	Auditorium Hall (S1)	Theatre Hall (S2)	Chamber Hall (S3)
13:35-13:55	A Type 1 diabetes management consensus report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD): What can we expect from the 2026 update? Tomasz Klupa (Poland)		New paradigms in the treatment of renovascular disease Lilach Lerman (USA)
13:55-14:15	Is there still a place for insulin therapy in type 2 diabetes in 2026? Maciej Matecki (Poland)		Blood pressure goals and treatment in pregnancy Andrea G. Kattah (USA)
14:15-14:35	Diabetic patient admitted to hospital for non-diabetic reason Ally Prebtani (Canada)		Preeclampsia: What internist should know Vesna D. Garovic (USA)
14:35-15:00	Questions & Answers All speakers		Questions & Answers All speakers
15:00-15:15	<i>Refreshment break</i>		
	PART 2		PART 4
15:15-15:35	Prediabetes: really just “Pre”? Pharmacological treatment options based on the patient’s phenotype and clinical profile Leszek Czupryniak (Poland)		Lupus nephritis: Redefining treatment goals Fernando Fervenza (USA)
15:35-15:55	Diabetes treatment in older age groups: Is there consistency between guidelines and common sense? Tali Cukierman-Yaffe (Israel)		Monoclonal gammopathy and kidney Ladan Zand (USA)
15:55-16:15	What are the evidence-based recommendations for the dietary management of diabetes? Dario Rahelić (Croatia)		When to think about genetic testing in kidney disease Mireille El Ters (USA)
16:15-16:35	In the era of drugs that effectively reduce body weight and normalize glycemia, is there still a place for bariatric surgery? Johanna Brix (Austria)		Open panel discussion
16:35-17:00	Questions & Answers All speakers		

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