

Program

MIRCIM 2026

McMaster International
Review Conference
of Internal Medicine

11TH EDITION

ICE CONGRESS CENTRE
MARIII KONOPNICKIEJ 17
KRAKÓW, MAŁOPOLSKA, POLAND

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Day 1 Thursday, May 7, 2026

Auditorium Hall S1		Chamber Hall S3	
All times in CEST (UTC+2)		Young Talents in Internal Medicine World Contest GRAND FINAL 	All times in CEST (UTC+2)
8:00-8:10		Welcome and introduction	8:00-8:10
8:10-8:30		To be announced Christine Laine (USA)	8:10-8:30
8:30-10:20		P A R T 1 10 presentations with Q&As and commentaries	8:30-10:20
10:20-10:40		<i>Refreshment break</i>	10:20-10:40
10:40-12:30		P A R T 2 10 presentations with Q&As and commentaries	10:40-12:30
12:30-13:20		LUNCH BREAK	12:30-13:20
13:20-15:10		P A R T 3 10 presentations with Q&As and commentaries	13:20-15:10
15:10-16:30		<i>Refreshment break</i>	15:10-16:30
		SESSION I Acute hospital medicine 	
16:30-16:45		Level of troponin is elevated after surgery: What next? Wojciech Szczeklik (Poland)	16:30-16:45
16:45-17:00		My patient is agitated and confused: Please help Bram Rochweg (Canada)	16:45-17:00

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Program version: 14 March 2026

Auditorium Hall S1		Chamber Hall S3
17:00–17:15		How to support a patient with respiratory failure outside of intensive care unit Simon Oczkowski (Canada)
17:15–17:30		This is my patient: When should I call for help and whom to call? Kimia Honarmand (Canada)
17:30–17:45		Too much or too little fluid? How to find out? Michael Czekajlo (USA)
17:45–18:05		Dealing with sepsis: The most crucial points Waleed Alhazzani (Saudi Arabia)
18:05–18:30		Questions & Answers All speakers
18:30–19:00	<i>Refreshment break</i>	
19:00–20:00	Opening ceremony Progress and future challenges for artificial intelligence Marta Kwiatkowska (UK) Good things happen when people of different backgrounds meet Jack Hirsh (Canada)	
20:00–20:15	<i>Refreshment break</i>	
20:15–21:30	Concert	

Day 2

Friday, May 8, 2026

Auditorium Hall S1	Chamber Hall S3	Conference Hall S4
All times in CEST (UTC+2)		Young Talents SPECIALTY FINALS 
8:00–9:20	Meet the professor: Open forum on critical care, shock, and organ failure Waleed Alhazzani (Saudi Arabia), Michael Czekajlo (USA), Kimia Honarmand (Canada), Roman Jaeschke (Canada), Simon Oczkowski (Canada), Bram Rochweg (Canada), Wojciech Szczeklik (Poland)	PART 4 Short 5-min presentations with Q&As and commentaries

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Auditorium Hall S1		Chamber Hall S3		Conference Hall S4	
SESSION II Endocrinology In collaboration with the Polish Society of Endocrinology		SESSION III The Multimorbid Patient Under the auspices of the European Federation of Internal Medicine			
9:40–10:00	Hypothyroidism in pregnancy: When guidelines meet reality Robin Peeters (The Netherlands)		How to modify pharmacotherapy of primary arterial hypertension in multimorbid patients Krzysztof Narkiewicz (Poland)		
10:00–10:20	Primary aldosteronism: Current management Ally Prebtani (Canada)		GLP1-RA and multimorbidity: Beyond expectations Michał Holecki (Poland)		
10:20–10:40	Hypercortisolemia: Current management according to clinical practice guidelines Aleksandra Gilis-Januszewska (Poland)		Management of chronic pain in multimorbid patients Marcin Chwistek (USA)		
10:40–11:05	Questions & Answers All speakers		Questions & Answers All speakers		
11:05–11:25	<i>Refreshment break</i>				
SESSION IV Annual Update in Cardiology In collaboration with the Polish Cardiac Society		SESSION V Annual Update in Rheumatology			
PART 1		PART 1			
11:25–11:45	2025 international guidelines on resuscitation: The most important practical messages Bernd W. Böttiger (Germany)		Key decision points in management of rheumatoid arthritis Ernest Choy (UK)		
11:45–12:05	Management of pericarditis: Key messages from the ESC guidelines Massimo Imazio (Italy)		Key decision points in management of Sjögren disease Elizabeth Price (UK)		
12:05–12:25	Management of myocarditis: Key messages from ESC guidelines <i>To be announced</i>		Artificial Intelligence in rheumatology: 2026 update Thomas Hügle (Switzerland)		
12:25–12:50	Questions & Answers All speakers		Questions & Answers All speakers		
12:50–13:40	LUNCH BREAK				
PART 2		PART 2			
13:40–14:00	Mitral regurgitation: Management according to ESC practice guidelines Margarita Brida (Croatia)		Vasculitis: From suspicion to diagnosis <i>To be announced</i>		
14:00–14:20	Aortic stenosis: Management according to ESC practice guidelines Wojciech Wojakowski (Poland)		Key decision points in management of the GCA PMR Takayasu LVV spectrum Bhaskar Dasgupta (UK)		
14:20–14:40	How to select an antiarrhythmic drug or ablation for atrial fibrillation and for ventricular tachycardia Paulus Kirchhof (Germany)		Approach to interstitial lung disease in people with systemic autoimmune rheumatic diseases Michal Tomcik (Czechia)		

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Auditorium Hall S1		Chamber Hall S3	Conference Hall S4
14:40–15:05	Questions & Answers All speakers	Questions & Answers All speakers	
15:05–15:25		<i>Refreshment break</i>	
	PART 3	PART 3	
15:25–15:45	Broken-heart syndrome: Current management Thomas Lüscher (Switzerland)	Key decision points in management of axial spondyloarthritis Elena Nikiphorou (UK)	
15:45–16:05	Optimal use of lipid-lowering therapy in patients with atherosclerotic cardiovascular disease according to current practice guidelines Richard Češka (Czech Republic)	Key decision points in management of psoriatic arthritis William Tillett (UK)	
16:05–16:25	Coronary artery disease: Which diagnostic test to choose and when Matthew Sibbald (Canada)	Key decision points in management of osteoporosis Alexandra Papaioannou (Canada)	
16:25–16:50	Questions & Answers All speakers	Questions & Answers All speakers	
16:50–17:10		<i>Refreshment break</i>	
			Young Talents SPECIALTY FINALS 
17:10–18:45			PART 5 Short 5-min presentations with Q&As and commentaries

Day 3

Saturday, May 9, 2026

Auditorium Hall S1	Chamber Hall S3 (A)	Chamber Hall S3 (B)	Conference Hall S4
All times in CEST (UTC+2)			Young Talents SPECIALTY FINALS 

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Auditorium Hall S1		Chamber Hall S3 (A)		Chamber Hall S3 (B)		Conference Hall S4	
8:00-9:20						PART 6 Short 5-min presentations with Q&As and commentaries	
SESSION VI Gastroenterology		SESSION VII Infectious Diseases		SESSION VIII Annual Update in Nephrology Under the auspices of Mayo Clinic			
				PART 1			
9:30-9:50		9:30-9:50		9:30-9:50			
Gastroenterology update 2026: Key messages from the latest practice guidelines Paul Moayyedi (Canada)		Vaccinations for people with severe comorbidity: Current state of the art Mark Loeb (Canada)		Nephrology update 2026 Jurgen Floge (Germany)			
9:50-10:10		9:50-10:10		9:50-10:10			
Celiac disease: Current management Maria Pinto-Sanchez (Canada)		HIV and AIDS in 2026: An update for non-specialists Monika Bociąga-Jasik (Poland)		New drugs in chronic kidney disease Maria José Soler (Spain)			
10:10-10:30		10:10-10:30		10:10-10:30			
Screening for all cancers (with a focus on all GI cancer) with blood tests or total body scans: Is it worth it? David Weinberg (USA)		Applying antibiotic stewardship in patient care Nishma Singhal (Canada)		Artificial intelligence in nephrology Ziad Zoghby (USA)			
10:30-10:55		10:30-10:55		10:30-10:55			
Questions & Answers All speakers		Questions & Answers All speakers		Questions & Answers All speakers			
10:50-11:10		10:50-11:10		10:50-11:10			
		<i>Refreshment break</i>					
SESSION IX Pulmonology		SESSION X Thrombosis & Anticoagulation		PART 2			
11:10-11:30		11:10-11:30		11:10-11:30			
Current management of chronic obstructive pulmonary disease: 2026 update Jadwiga Wedzicha (UK)		11:10 Introduction Jack Hirsh (Canada)		Hyperglycemia and kidney disease Aleksandra Kukla (USA)			
		11:15 When not to use DOACs Stephanie Carlin (Canada)					
11:30-11:50		11:30-11:50		11:30-11:50			
Asthma diagnosis: A complex pathway to clarity Imran Satia (Canada)		11:40 Factor XI inhibitors: The future of anticoagulation? Jeffrey Weitz (Canada)		Bleeding complications and thrombosis events in kidney disease Hatem Amer (USA)			
11:50-12:10		11:50-12:10		11:50-12:10			
<i>To be announced</i>		12:05 Conclusion Jack Hirsh (Canada)		Nephrotoxicity of new anti-cancer agents Sandra Herrmann (USA)			
12:10-12:35		12:10-12:35		12:10-12:35			
Questions & Answers All speakers		Questions & Answers All speakers		Questions & Answers All speakers			
12:35-13:15		12:35-13:15		12:35-13:15			
		LUNCH BREAK					

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Auditorium Hall S1		Chamber Hall S3 (A)	Chamber Hall S3 (B)	Conference Hall S4
13:15-13:35	Young Talents in Internal Medicine World Contest AWARD CEREMONY 			
	SESSION XI Annual Update in Diabetology  Under the auspices of the European Association for the Study of Diabetes and the International Diabetes Federation Europe			
PART 1			PART 3	
13:35-13:55	A Type 1 diabetes management consensus report by the American Diabetes Association (ADA) and the European Association for the Study of Diabetes (EASD): What can we expect from the 2026 update? Tomasz Klupa (Poland)		New paradigms in the treatment of renovascular disease Lilach Lerman (USA)	
13:55-14:15	Is there still a place for insulin therapy in type 2 diabetes in 2026? Maciej Malecki (Poland)		Blood pressure goals and treatment in pregnancy Andrea G. Kattah (USA)	
14:15-14:35	Diabetic patient admitted to hospital for non-diabetic reason Ally Prebtani (Canada)		Preeclampsia: What internist should know Vesna D. Garovic (USA)	
14:35-15:00	Questions & Answers All speakers		Questions & Answers All speakers	
15:00-15:15	<i>Refreshment break</i>			
PART 2			PART 4	
15:15-15:35	Prediabetes: really just “Pre”? Pharmacological treatment options based on the patient's phenotype and clinical profile Leszek Czupryniak (Poland)		Lupus nephritis: Redefining treatment goals Fernando Fervenza (USA)	
15:35-15:55	Diabetes treatment in older age groups: Is there consistency between guidelines and common sense? Tali Cukierman-Yaffe (Israel)		Monoclonal gammopathy and kidney Ladan Zand (USA)	
15:55-16:15	What are the evidence-based recommendations for the dietary management of diabetes? Dario Rahelić (Croatia)		When to think about genetic testing in kidney disease Mireille El Ters (USA)	
16:15-16:35	In the era of drugs that effectively reduce body weight and normalize glycemia, is there still a place for bariatric surgery? Johanna Brix (Austria)		Open panel discussion	
16:35-17:00	Questions & Answers All speakers			

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